

# I Am Grateful For...

Date:

I Am Thankful For...

An Answer to Prayer I  
have experienced:

Something I need to  
cultivate gratitude for is:

"Gratitude unlocks the fullness of life."

-Melody Beattie

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Something Good that happened to  
me today:

"Let gratitude be the pillow upon which you kneel to  
say your nightly prayer."

-Maya Angelou

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